



# 8<sup>th</sup> Agile Workout

**5 Feb 2020**

Hosted by **Agile Consortium** – Central location Amsterdam  
**FREE** for members of the Agile Consortium

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After seven successful Agile Workouts so far we offer you another opportunity to improve your Agile shape. Go for IT!

Embrace the opportunity to participate in a workshop, facilitated by Agile experts and be inspired! We offer the chance to join one of the high quality workshops. See details about the Agile Workouts in this flyer and the website of the Agile Consortium.

Block your agenda for the Agile Workout on February 5<sup>th</sup> and register asap via <http://www.agileconsortium.net/>  
Only a limited number of seats are available!

Program:

**17:00** Doors open: Come in and have a drink

**17:30** Meet and eat: Meet other Agilists and enjoy dinner

**18:30** Select the workshop you want to participate and go for it!

**21:00** Inspired when you leave and spread the word

**FREE** entrance for members of the Agile Consortium

Non-members only pay **49 euro** excl. VAT

*\* Workshops will be in either Dutch or English, depending on the preferences of the attendees.*



# Workshops and Facilitators

## Workshop 1 – Agile games

“Game ON!”

Participants: minimal 4, no maximum

### What is it about?

It is no secret that gamification is used a lot in Agile organisations, trainings and by Agilists worldwide. Agile and Games are a match made in heaven. Using gamification helps us to have more fun in the workspace, but it also helps us to experiment, learn and it is an instrumental in teambuilding.

### What will this workshop bring?

During this workshop the facilitators will show you useful games and insightful techniques to help your team or organization in their Agile journey. Bring your game face!

Facilitators: [Els Verkaik](#), [Julya van Berkel](#) and [Nancy Beers](#)



**Els Verkaik** is an experienced **Agile coach** and know how to move people, processes and technology in large organisations. With her deep knowledge of Agile approaches, like Scrum, in combination with coaching techniques from **NLP** (Neuro Linguistic Programming) she can inspire and motivate people to do their work successful. She is specialized in building high-performing self-organizing Agile teams. Els worked 20 years in the ICT as a **Project Manager** of Customized Software Development Projects before she became an independent Agile coach. For more information see [www.elsverkaik.nl](http://www.elsverkaik.nl)



Educated as chemical and computer sciences engineer **Julya van Berkel** started her career as software developer in insurance and high tech companies. She has also been a manager in a small consultancy firm and worked a lot in R&D.

Julya has been familiar with Agile since 2002. As Scrum Master Julya has been helping teams since 2006 and getting more confident to train and coach Agile to others she now considers herself more an Agile coach.

Julya currently works as a freelance Agile coach and trainer for different organizations. Helping whole organizations transform though also helping on a team or individual level. Teaching Scrum and Agile courses in open of company trainings and sometimes speaking on conferences on subjects that include Agile or topics linked to Agile.



Happy Scrum Master and Playificator **Nancy Beers** finally found out what she wanted to be when she grew up! She's here to spread playfulness and happiness to leave this world in a better state than she found it in.

As a Scrum Master or Agile Coach she acts as a Jack-of-all-trades within organisations and uses her wide range of tools to help people change for the better and preferably let them get/stay close to their hearts.

Nancy speaks at events, plays serious games and bounces through live with a lot of energy and positivity

## Workshop 2 – Safe city

*What the f\*ck first, two tools for joint prioritization*

Participants: minimum tbd

Have you ever been in a situation where getting your stakeholders to agree on an order in the backlog seemed impossible. Stakeholder A says his story will bring in the most profit. Stakeholder B says his story is more important because without it we will lose our permit and Stakeholder C says his story could enable us to enter a whole new market next year. In this workshop we will look at two tools to assist stakeholders and the team to have a constructive discussion on prioritizing these backlog items. One is WSJF (or Weighted Shortest Job First, a method taken from SAFe). The second is Impact Mapping based on a book by Gojko Adzic.

### What will this workshop bring?

From this session you will take two interactive exercises that you can do tomorrow. They can be used as a starter to bring a team and stakeholders together on the same page when improving the order of your product backlog.

Facilitators: Remi-Armand Collaris and Brian Teunissen



**Remi-Armand Collaris:** I believe the main challenge of today's organizations is to create an environment in which people can blossom in cooperation with others. Autonomy and teamwork are important ingredients for that. In my work as organizational coach I help teams to improve team results by taking ownership over their way of working and employing team learning practices. Agile, Scrum, LeSS and Lean are some of my sources of inspiration for practices to make continuous improvement engaging and provocative. <http://www.linkedin.com/in/racollaris>



**Brian Teunissen** heeft ervaring in toepassen en implementeren van agile frameworks sinds 1999. Sinds 2013 gebruikt hij met name het Scaled Agile Framework als leidraad om gehele organisaties te helpen kantelen en wendbaar te worden. Lean Budgetting maakt onder meer onderdeel uit van het Scaled Agile Framework. Brian heeft onder andere de CFO van Transavia geadviseerd voor de invoering van Lean Budgetting. Brian is gecertificeerd als *Agile Master* bij het Agile Consortium, als *SAFe Program Consultant* bij Scaled Inc. en als *Professional Scrum Master* en *Professional Product Owner* bij Scrum.org.

## Workshop 3 – Training from the BACK of the Room

*This is a memorable workshop on creating memorable workshops*

Participants: minimum 8, no maximum

Are you walking around with exciting ideas, wondering how to use and spread them at work? Having good ideas to try is one thing. Getting your team to wholeheartedly run with your idea is another thing entirely. Use this workshop to prepare!

In this workshop on creating workshops, you'll create a session about a topic that stands out to you – do bring one! With it you can spread your learning and enthusiasm when back on the job. We'll help you create it and while doing so we'll explore together how the brain really learns and how to make great, interactive training based on this knowledge. For our concepts and practices we will draw mainly from Sharon Bowman's excellent book and course Training from the BACK of the Room, which we've been applying in our own trainings for some years now.

### What will this workshop bring?

You will leave with (the skeleton of) a great workshop you're eager to run. And you'll leave more able to affect meaningful change in your professional environment.

Facilitators: [Wim Heemskerck](#) and [Eddy Bruin](#)



You hire me, **Wim Heemskerck**, when you want your path to agility to be inviting and engaging for all involved. I believe in us, humans, and the great things we can accomplish. Therefore I help organisations multiply the value they create by embracing the full power of the people in and around them. I do this through facilitation, coaching, training, and mentoring.

I help management & development teams to be agile in their practices. Two areas get special attention in my coaching and facilitation, as I have found them in need:

- the opportunities for management and leadership to be a driving force towards agility
- the opportunities to include and unleash everyone in an organisation

You can do much better than hoping management will simply step aside and the chaos will be temporary!



**Eddy Bruin** has a passion to be in the midst of business, customers and development teams. Using playful metaphors, serious games and facilitation techniques Eddy enables individuals and teams to become more effective. Besides having a strong technical basis, he also possesses analytical and "can do" mentality. This makes him a good interlocutor on any level. He always strives to be as agile as the context let him to be. He'd rather change the context than settle for status quo.

As an Agile Coach, Eddy is very enthusiastic, creative and is able to drive home points with convincing cases but always values those around him. For Eddy it is always about the performance of the team. He likes to look at opportunities to learn and improve himself and the team he's working with.

## Workshop 4 – Conditions for successfully coaching teams

*Don't expect success if these are not met*

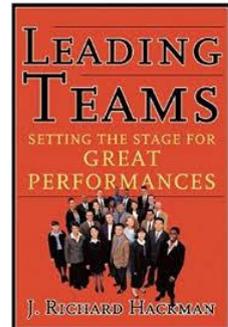
Participants: any number

### Six conditions for effective teams?

You know the situation: within a team, there is 'gedoe'. One of the architects constantly is rude to the testers and vice versa. You have done a team charter workshop to discuss how to behave within the team – but that did not help a lot. You talked to the team members both individually and together about their behavior, but the changes from those talks only lasted one sprint. You look at Lencioni's pyramid of disfunctions and want to work on trust. You look at Tuckman's phases and decide that it is storming.

But maybe you're trying from the wrong end. Maybe these personal issues are not the cause of the 'gedoe', but a result of something else that should be fixed...

In his book *Leading Teams*, Richard Hackman describes the results of many years of Harvard research on effective teams. His conclusion: there are six conditions that must be met for teams to have a chance to flourish. These conditions are in the context of the team. Being aware of these conditions gives you as a coach a contextual, systemic awareness. The essential conditions focus on the goal of the team, the tasks it must perform and the way these tasks are being carried out. These conditions are neither rocket science, nor revolutionary. Yet they provide a clear and proven fundament on which to start coaching or on which to decide to delay coaching and work on the conditions first.



### What will this workshop bring?

After this workshop, you will look differently at your teams and the conditions in which they operate. You will know when it is useless to try and coach a team. You will learn the framework of the 6 conditions for effective teams and how you can apply this framework in an agile context:

- What are the 6 conditions and how do they contribute to effective teams?
- When to (not) start team coaching and how to use the contextual insights?
- How can you apply the 6 conditions on different levels: from diagnosing impediments in a single workshop to diagnosing interactions in teams.
- How can the Team Diagnostic Survey help to get a grip on the contextual conditions of a team.

Facilitators: Arjen Uittenbogaard and André van Nieuwenhuizen



**Arjen Uittenbogaard** (Altimos) is agile coach with a background in software development and improvisation theatre. He knows the agile frameworks inside out and is convinced that whatever method is never the solution. Our work is about people. It is about working together. Arjen is partner with Altimos and is training for the training 'Facilitate like a Master' and is a certified Team Diagnostic Survey practitioner.



**André van Nieuwenhuizen** (Teams in Conditie) is organisation psychologist and expert team coach. He aims at making fundamental insights applicable to increase team effectivity. He translated the Team Diagnostic Survey (related to the 6 conditions) in Dutch and trains professionals to apply this instrument in their context. He has a rich practical experience as systems therapist and has a background in group dynamics.